

1. _ is the opposite of *sad*.

- ☐ Happy
 ☐ Hungry
 ☐ Surprised
 ☐ Tired

2. I'm going to bed because I'm _ .

- ☐ surprised
 ☐ excited
 ☐ tired
 ☐ thirsty

3. Wendy is _ because she's watching a horror film.

- ☐ bored
 ☐ happy
 ☐ frightened
 ☐ hungry

4. _ is a vegetable, similar to lettuce.

- ☐ Cabbage
 ☐ Salad
 ☐ Fish
 ☐ Chicken

5. We make juice from _ .

- ☐ chocolate
 ☐ oranges
 ☐ onions
 ☐ chips

6. John's mark in English this term is 90. He's _ because he doesn't usually receive high marks.

- ☐ surprised
 ☐ hungry
 ☐ bored
 ☐ sad

7. _ is from milk.

- ☐ Cheese
 ☐ Chicken
 ☐ Lettuce
 ☐ Ham

8. _ are small and red.

- ☐ Strawberries
 ☐ Potatoes
 ☐ Oranges
 ☐ Cucumbers

9. _ is a type of pasta.

- ☐ Spaghetti
 ☐ Juice
 ☐ Fruit salad
 ☐ Salad

10. I'm _ . Let's do something!

- ☐ thirsty
 ☐ bored
 ☐ happy
 ☐ hungry

11. I'm very _ because tomorrow is my birthday!

- ☐ thirsty
 ☐ tired
 ☐ hungry
 ☐ excited

12. _ are a long orange vegetable.

- ☐ Mushrooms
 ☐ Carrots
 ☐ Bananas
 ☐ Onions

13. I drink tea with _ .

- ☐ olives
 ☐ sugar
 ☐ cheese
 ☐ onions

14. Cola is a type of _ .

- ☐ ham
 ☐ salad
 ☐ ice cream
 ☐ fizzy drink

15. Vegetarians don't eat _ .

☐

lettuce

☐

chips

☐

meat

☐

olives

16. _ are red. People often put them in salads and sandwiches.

☐

Bananas

☐

Chips

☐

Tomatoes

☐

Sandwiches

17. _ is a type of hot drink.

☐

Salad

☐

Sauce

☐

Lettuce

☐

Tea

18. _ come from chickens.

☐

Apples

☐

Mushrooms

☐

Eggs

☐

Onions

19. _ is a popular Asian food. It comes from a plant.

☐

Ham

☐

Fish

☐

Chicken

☐

Rice

20. People often eat _ on birthdays.

☐

cake

☐

ham

☐

fish

☐

chicken

1 Find the names of food items in the puzzle. Then match the words to the pictures.

olivespaghettisaladtomatocheesesandwichsoupsteaeggmushroomcarrotonionbreadorangeham



1.



2.



3.



4.



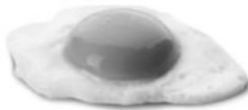
5.



6.



7.



8.



9.



10.



11.



12.



13.



14.



15.

1 Choose the correct feeling.



1. happy / hungry / bored



2. frightened / angry / tired



3. sad / thirsty / surprised



4. angry / bored / excited



5. happy / surprised / sad

3 How do you feel in the situations below? Write a feeling from Exercises 1 and 2 for each situation.

1. Your best friend moves to a different country.
2. Your brother takes your phone and leaves it at school.
3. It's your birthday and your friends make a big party for you.
4. You get 100 in your English test.
5. Your parents decide to take you to the USA for a holiday.
6. You haven't got any food to eat.

SPEAKING

Talking About Likes and Dislikes

4 Complete the dialogue with the words below.



make us some • How about • don't mind
I hate • Let's • Do you like • ham

A: 1. have dinner.

B: OK. What have you got?

A: 2. salad?

B: No, I don't. 3. salad.

A: 4. chicken sandwiches?

B: 5. I chicken. But I love

6. sandwiches.

A: I like ham sandwiches, too. My dad can

7.

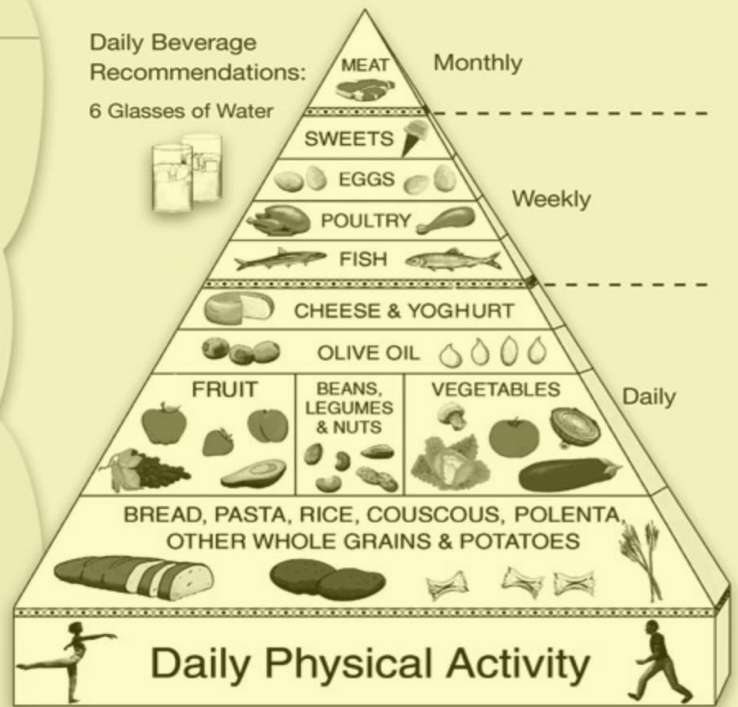
5 Read the text. Then tick (✓) the sentences T (true) or F (false).

Mediterranean Diet

People eat differently in different countries, but are there any countries with very healthy diets? Yes, there are. In Greece, for example, people usually have a very healthy diet. The Mediterranean Diet Pyramid shows the traditional Greek diet and it shows how often to eat different food items to stay healthy.

It's easy to follow a traditional Greek diet with the Mediterranean Diet Pyramid. In Greece, there aren't often meals with meat, and people rarely eat cakes or chocolate. But they are never hungry or bored by their food. They eat fruit and vegetables three or four times a day. In a traditional Greek meal, there is usually chicken, cheese or fish with some salad and there is bread, rice, polenta or couscous. In many

Greek recipes, there is some lemon juice and there are olives. For example, in Greek potato salad there are potatoes, black olives and lemon juice. Try it!



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1. Greece is the only country with a healthy diet.
2. The Greek diet comes from the Mediterranean Diet Pyramid.
3. You can learn how to eat healthy meals with the Mediterranean Diet Pyramid.
4. Traditional Greek meals don't usually include cake.
5. People in Greece only have vegetables at dinner time.

T	F
.....
.....
.....
.....
.....

6 Choose the correct answer.

1. Which food item is only a very small part of the Greek diet?
 - a. cheese
 - b. meat
 - c. rice
2. How often do Greek people eat fruit?
 - a. rarely
 - b. sometimes
 - c. every day
3. What do people in Greece often have with fish?
 - a. chocolate
 - b. chicken
 - c. salad
4. What is a popular food item in Greek recipes?
 - a. lemon juice
 - b. potato salad
 - c. polenta
5. What's special about Greek potato salad?
 - a. It isn't healthy.
 - b. There are olives in it.
 - c. It's in the Mediterranean Diet Pyramid.